

Pre-Care for Your Cosmetic Tattoo

Below is some information on Cosmetic Tattooing Pre-care advice for you to read thoroughly before your appointment. If you have any further questions please don't hesitate to contact me on Face book or at the salon – Sophie xx

Important As per Australian law, all clients are required to order and apply their own topical numbing cream prior to their cosmetic tattoo appointment.

To make this process easy, we recommend using a reputable compounding pharmacy. Please complete the patient care checklist and order your numbing cream via the link below:

Please allow 1 week for delivery

<https://www.compoundingpharmacy.com.au/pages/patient-care-checklist>

This ensures you're fully prepared for your appointment and comfortable during your treatment. If you have any questions, feel free to reach out!

Please consult your doctor if you have any concerns regarding allergies or medication contradictions. If you would like to complete a patch test please contact me prior to making a booking.

Pre-treatment

Lignocaine HCl/Tetracaine HCl 4.5/4.5% Gel

During Treatment

Lignocaine HCl/Tetracaine HCl /Adrenaline 6/4/0.1% Gel

Please be aware that eyebrow tattooing may not be for you if any of the following apply;

- People younger than 18 years old
- Pregnant or breastfeeding women
- Diabetics with uncontrolled blood glucose levels
- People who have skin diseases like psoriasis or eczema
- People who have an infection, rash or blisters on or around their eyebrows
- People who are allergic to makeup or topical anaesthetics
- People with a history of getting dark spots after a skin injury (post inflammatory hyper-pigmentation or PIH)
- People with blood disorders like haemophilia - or people who are taking anticoagulants / blood thinners

- People with active skin cancer in or around their eyebrows
- People who have trouble healing or a history of keloid scarring
- People with epilepsy
- People taking Accutane or steroids
- If you've had an eye lift / blepharoplasty, you must be fully healed (3 - 6 months after surgery)
- People who have gotten Botox or fillers should wait 2 weeks after their injections to have cosmetic tattooing done
- People with uncontrolled high blood pressure
- People with a mitral valve disorder
- People who are sick should wait until they feel better to have cosmetic tattooing done

Pre-Care Instructions

Please note that some skin types ie. mature skin, sun damaged skin or corrections of previous tattooing whereby scar tissue is present may require an additional touch up appointment charged at \$50. Results cannot be guaranteed, please discuss your skin type prior to making a booking. We advise you to have your cosmetic tattoo treatments retouched and refreshed every few years, most require it sooner.

- Alcohol is to be avoided 24 hours prior to your appointment.
- It is best to avoid coffee the day of your appointment.
- Pigment reactions are very uncommon and only the best, FDA approved pigments are used in my salon, however, if you are worried about our pigments reacting with your skin, please organise with me to come in BEFORE your appointment for a patch test.

Eyebrows Pre-Care Instructions

- Any waxing or tinting should be done at least 48hrs prior to procedure. I do however prefer for you to come with your natural eyebrows, I will use a disposable facial razor on the day to remove any undesired brow hairs that fall outside of the shape.
- Please exfoliate your eyebrows 48 and 24 hours prior to your appointment and apply moisturizer. This ensures that the tattoo is being applied to fresh skin cells for optimal healed results.
- Please don't wear heavy makeup to your appointment. This way I can determine your true skin colour and undertones, this is vital for me to choose the right pigment colour. You are welcome to apply any make up at the end of the treatment (around the tattoo area).
- Do not tan two weeks prior or have sunburned face
- Do not have any type of facial/peel 2 weeks prior to treatment
- Do not have botox/filler 3 weeks prior
- Please be aware that having a procedure done while on your menstrual cycle can make you hypersensitive.
- Your brows will be darker for the first few days. Some people find it best to organize an appointment on a date when social activities can be postponed for a few days post-procedure.
- If you are worried about our pigments reacting with your skin, please organize with me to come in BEFORE your appointment for a patch test or book a 'pre draw' appointment online.

Eye Pre-Care Instructions

- No mascara or eyelash extensions are to be worn with any eyeliner treatments. Extensions cannot be applied until after the healing process is complete.
- Since the delicate skin or sensitive areas may swell slightly or redden, some clients feel it is best not to make any social plans after the procedure. Please keep in mind that everyone reacts differently to these procedures.
- Do not wear contact lenses during or immediately following the eyeliner procedure. Remember to bring your glasses. You may resume wearing contact lenses as soon as your eyes return to their pre-tattooed condition

Lip Pre-Care Instructions

- If you are having lip procedures and have a history of Cold Sores/fever blisters/herpes simplex, you will be required to obtain the proper antiviral tablets by a prescription or over the counter to prevent an outbreak. (Take Lysine 5 days before your treatment, take a double dose on the day of and the day after treatment, then continue normal dosage for another 5 days). If tablets are not taken you can be at high risk of a break out, this may cause tattoo pigment to fall out in areas of sores. A Doctors prescription is highly recommended as the most effective preventative treatment.
- You must ensure your lips are moistened the days leading up to the appointment with some type of lip balm so that on the day of the appointment they are supple. Ensuring your water intake is adequate will also help with this, and the healing process too.
- Alcohol is to be avoided 24 hours prior to your appointment.
- It is best to avoid coffee the day of your appointment.
- You must ensure you will not have to be directly exposed to high winds after your cosmetic tattoo.
- Your lips will be darker for the first few days. Some people find it best to organize an appointment on a date when social activities can be postponed for a few days post-procedure.
- If you are worried about our pigments reacting with your skin, please organize with me to come in BEFORE your appointment for a patch test.

If you have any further questions please do not hesitate to contact me.

Sophie Carter Naked Brows Cosmetic Tattooing

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